

SOUTHEND - LONDON (Victoria)

Mondays to Fridays

	721	721	721	722	709	723	710	720	709	710	723	720	709	710	722	721	721	
SOUTHEND, Central Bus Station	0510	0540	0600	0610	0620	0630	0640	0650	0750	0850		
Westcliff, Plough	0516	0546	0606	0616	0626	0636	0646	0656	0759	0859		
Chalkwell Park, Southborne Grove	0518	0548	0608	0618	0628	0638	0648	0658	0803	0903		
Leigh, Elms	0521	0551	0611	0621	0631	0641	0651	0701	0807	0907		
Hadleigh, Church	0528	0558	0618	0628	0638	0648	0658	0708	0817	0917		
Thundersley, Kenneth Road	0532	0602	0622	0632	0642	0652	0702	0712	0822	0922		
Canvey Village, King Canute	0559	0629		
Canvey, Haystack Corner	0604	0634		
Canvey, Link Road, Silver Jubilee	0608	0638		
Canvey Village, King Canute	0614	0644		
South Benfleet, Tarpots Corner	0445	0535	0605	0625	0635	0645	0655	0705	0715	0826	0926	
Pitsea Broadway	0419	0449	0519	0539	0609	0554	0639	0624	0659	0719	0831	0931		
Vange, Bardfield	0424	0454	0524	0559	0629	0837	0937		
Basildon Bus Station	arr.	0429	0459	0529	0604	0634	0843	0943		
Basildon Bus Station	dep.	0430	0500	0530	0605	0624	0635	0850	0950		
Vange, Five Bells	0434	0504	0534	0543	0613	0609	0630	0624	0643	0650	0639	0654	0703	0710	0723	0854	0954	
Homesteads, Mackley Drive	0439	0509	0539	0548	0614	0629	0659	0728	0859	0959		
Stanford le Hope, First Avenue	0441	0511	0541	0550	0616	0631	0644	0701	0730	0901	1001		
Stanford le Hope, Rookery Corner	0444	0514	0544	0553	0619	0634	0646	0704	0733	0904	1004		
Sockett's Heath, The Oak	0452	0522	0552	0601	0627	0642	0649	0712	0741	0912	1012		
LAKESIDE, Bus Station (Stop 11)	0657	0919	1019		
Uplands Estate, Watts Crescent	0500	0530	0600	0608	0650	0720	0749	0924	1024			
Dagenham, Chequers Corner	0511	0541	0615	0710	0740	0939	1039				
Warner Village	0513	0543	0617	0615	0643	0649	0700	0713	0713	0720	0719	0743	0733	0740	0805	0941	1041	
East Ham, Manor Way, North Circular Rd.	0520	0550	0625	0722	0752	0948	1048				
Canning Town, Newham Way	0525	0555	0632	0733	0803	0953	1053				
Poplar, All Saints DLR Station	0528	0558	0645	0751	0821	0956	1056				
Limehouse Station	0534	0604	0651	0651	0719	0725	0736	0757	0749	0756	0755	0827	0809	0816	0841	1000	1100	
Aldgate, o/s Bus Station	0538	0608	0655	0657	0725	0731	0742	0805	0755	0802	0801	0835	0815	0822	0847	1006	1106	
Tower Hill, Tower of London	0543	0613	0700	0702	0730	0736	0747	0810	0800	0807	0806	0840	0820	0827	0852	1011	1111	
Embankment Underground Station	0548	0618	0708	0710	0738	0744	0755	0818	0808	0815	0814	0848	0828	0835	0900	1019	1119	
Trafalgar Square, Northumberland Avenue	0550	0620	0710	0712	0746	0820	0816	0850	0902	1021	1121			
VICTORIA, Green Line Coach Station	0746	0803	0829	0816	0823	0836	0843	0910	1029	1129		

(continued)

SOUTHEND - LONDON (Victoria)

Mondays to Fridays

	721	721	721	721	721	721	710	721	721	721	721	721	721	721	721
SOUTHEND, Central Bus Station	0930	00	30	1400	1420	1450	1520	1600	1700	1800	1900	2200	2300		
Westcliff, Plough	0939	09	39	1409	1429	1459	1529	1609	1709	1809	1909	2207	2307		
Chalkwell Park, Southborne Grove	0943	13	43	1413	1433	1503	1533	1613	1713	1813	1913	2209	2309		
Leigh, Elms	0947	17	47	1417	1437	1507	1537	1617	1717	1817	1917	2212	2312		
Hadleigh, Church	0957	27	57	1427	1447	1517	1547	1627	1727	1827	1927	2219	2319		
Thundersley, Kenneth Road	1002	32	02	1432	1452	1522	1552	1632	1732	1832	1932	2223	2323		
Canvey Village, King Canute															
Canvey, Haystack Corner															
Canvey, Link Road, Silver Jubilee															
Canvey Village, King Canute															
South Benfleet, Tarrots Corner	1006	36	06	1436	1456	1526	1556	1636	1736	1836	1936	2226	2326		
Pitsea Broadway	1011	41	11	1441	1501	1601	1641	1741	1841	1941	2230	2330		
Vange, Bardfield	1017	47	17	1447	1507	1607	1647	1747	1847	1947	2235	2335		
Basildon Bus Station	arr. 1023	Then	53	23	1453	1513	1613	1653	1753	1853	1953	2240	2340	
Basildon Bus Station	dep.	1030	at	00	30	1500	1520	1620	1700	1800	1900	
Vange, Five Bells	1034	these	04	34	1504	1524	1531	1624	1704	1804	1904	
Homesteads, Mackley Drive	1039	minutes	09	39	until	1509	1529	1629	1709	1809	1909	
Stanford le Hope, First Avenue	1041	past	11	41		1511	1631	1631	1711	1811	1911	
Stanford le Hope, Rookery Corner	1044	each	14	44		1514	1534	1634	1714	1814	1914	
Sockett's Heath, The Oak	1052	hour	22	52		1522	1542	1642	1722	1822	1922	
LAKESIDE, Bus Station (Stop 11)	1059		29	59		1529	1549	1649	1729	1829	1929	
Uplands Estate, Watts Crescent	1104		34	04		1534	1554	1654	1734	1834	1934	
Dagenham, Chequers Corner	1119		49	19		1549	1609	1709	1749	1849	1949	
Warner Village	1121		51	21		1551	1611	1601	1711	1751	1851	1951	
East Ham, Manor Way, North Circular Rd.	1128		58	28		1558	1618	1718	1758	1858	1958	
Canning Town, Newham Way	1133		03	33		1603	1623	1723	1803	1903	2003	
Poplar, All Saints DLR Station	1136		06	36		1606	1626	1726	1806	1906	2006	
Limehouse Station	1142		12	42		1612	1632	1637	1732	1812	1912	2012	
Aldgate, o/s Bus Station	1146		16	46		1616	1636	1643	1736	1816	1916	2016	
Tower Hill, Tower of London	1151		21	51		1621	1641	1648	1741	1821	1921	2021	
Embankment Underground Station	1159		29	59		1629	1649	1656	1749	1829	1929	2029	
Trafalgar Square, Northumberland Avenue	1201		31	01		1631	1751	1831	1931	2031	
VICTORIA, Green Line Coach Station	1209		39	09		1639	1759	1839	1939	2039	

Mondays to Fridays

	721	721	721	723	723	721	721	721	721	721	721	721	721	721	721	721	721	721	
VICTORIA, Green Line Coach Station	0855	0925	55	25	1255	1325	1355	1455	1555			
Embankment Underground Station	0910	0940	10	40	1310	1340	1410	1510	1610			
Tower Hill, Tower of London	0918	0948	18	48	1318	1348	1418	1518	1618			
Aldgate, Bus Station	0625	0655	0753	0823	0835	0905	0925	0955		25	55	1325	1355	1425	1525	1625			
Aldgate, Mansell Street	1625		
Limehouse Station	0632	0702	0800	0830	0842	0912	0933	1003		33	03	1333	1403	1433	1533	1633			
Poplar, All Saints DLR Station	0636	0706	0846	0916	0939	1009		39	09	1339	1409	1439	1539	1639			
Canning Town, Newham Way	0638	0708	0848	0918	0942	1012		42	12	1342	1412	1442	1542	1642			
East Ham, Manor Way, North Circular Rd.	0643	0713	0853	0923	0948	1018		48	18	1348	1418	1448	1548	1648			
Warner Village	0650	0720	0819	0849	0900	0930	0958	1028		58	28	1358	1428	1458	1558	1658			
Dagenham, Chequers Corner	0652	0722	0902	0932	1000	1030		00	30	1400	1430	1500	1600	1700			
Uplands Estate, Watts Crescent	0707	0737	0917	0947	1017	1047		17	47	1417	1447	1517	1617	1717			
LAKESIDE, Bus Station (Stop 11)	0922	0952	1022	1052	Then	22	52	1422	1452	1522	1622	1722			
Sockett's Heath, The Oak	0715	0745	0829	0859	0929	0959	1029	1059	at	29	59	1429	1459	1529	1629	1729			
Stanford le Hope, Rookery Corner	0723	0753	0837	0907	0937	1007	1037	1107	these	37	07	1437	1507	1537	1637	1737			
Homesteads, Mackley Drive	0728	0758	0842	0912	0942	1012	1042	1112	minutes	42	12	until	1442	1512	1542	1642	1742		
Vange, Five Bells	0733	0803	0847	0917	0947	1017	1047	1117	past	47	17	1447	1517	1547	1647	1747			
Basildon Bus Station	arr.	0737	0807	0851	0921	0951	1021	1051	1121	each	51	21	1451	1521	1551	1651	1751		
Basildon Bus Station	dep.	0649	0739	0809	0853	0923	0953	1023	1053	1123	hour	53	23	1453	1553	1653	1753		
Vange, Bardfield	0654	0744	0814	0858	0928	0958	1028	1058	1128		58	28	1458	1558	1658	1758			
Pitsea Broadway	0659	0749	0819	0903	0933	1003	1033	1103	1133		03	33	1503	1603	1703	1803			
South Benfleet, Tarpots Corner	0703	0753	0823	0907	0937	1007	1037	1107	1137		07	37	1507	1607	1707	1807			
Canvey Village, King Canute		
Canvey, Haystack Corner		
Canvey, Link Road, Silver Jubilee		
Canvey Village, King Canute		
Thundersley, Kenneth Road	0707	0757	0827	0911	0941	1011	1041	1111	1141		11	41	1511	1611	1711	1811			
Hadleigh, Church	0711	0801	0831	0915	0945	1015	1045	1115	1145		15	45	1515	1615	1715	1815			
Leigh, Elms	0717	0807	0837	0922	0952	1022	1052	1122	1152		22	52	1522	1622	1722	1822			
Chalkwell Park, Southborne Grove	0721	0811	0841	0925	0955	1025	1055	1125	1155		25	55	1525	1625	1725	1825			
Westcliff, Plough	0724	0814	0844	0928	0958	1028	1058	1128	1158		28	58	1528	1628	1728	1828			
SOUTHEND, Central Bus Station	0732	0822	0852	0936	1006	1036	1106	1136	1206		36	06	1536	1636	1736	1836			

LONDON (Victoria) - SOUTHEND**Mondays to Fridays**

	709	721	710	720	709	723	710	709	720	710	723	721	721	721	721
VICTORIA, Green Line Coach Station	1620	1640	1655	1710	1710	1745	1820	1940	2040	2140	
Embankment Undergound Station	1635	1645	1655	1710	1710	1725	1725	1740	1745	1800	1815	1835	1952	2050	2150
Tower Hill, Tower of London	1643	1653	1703	1718	1718	1733	1733	1748	1753	1808	1823	1843	2000	2058	2158
Aldgate, Bus Station	2006	2104	2204
Aldgate, Mansell Street	1650	1700	1710	1725	1725	1740	1740	1755	1800	1815	1830	1850
Limehouse Station	1658	1708	1718	1733	1733	1748	1748	1803	1808	1823	1838	1858	2012	2110	2210
Poplar, All Saints DLR Station	1740	1815	1905	2016	2114	2214	
Canning Town, Newham Way	1743	1818	1910	2018	2116	2216	
East Ham, Manor Way, North Circular Rd.	1749	1824	1914	2022	2120	2220	
Warner Village	1727	1737	1747	1803	1802	1817	1817	1832	1838	1852	1907	1928	2030	2128	2228
Dagenham, Chequers Corner	1805	1840	1930	2031	2129	2229	
Uplands Estate, Watts Crescent	1822	1815	1857	1945	2042	2140	2240	
LAKESIDE, Bus Station (Stop 11)	2047	2145	2245	
Sockett's Heath, The Oak	1754	1830	1834	1905	1924	1953	2052	2150	2250	
Stanford le Hope, Rookery Corner	1802	1838	1842	1913	1932	2001	2100	2158	2258	
Homesteads, Mackley Drive	1807	1843	1847	1918	1937	2006	2105	2203	2303	
Vange, Five Bells	1755	1812	1815	1848	1830	1852	1845	1900	1923	1920	1942	2011	2110	2208	2308
Basildon Bus Station	arr.	1816	1856	1946	2015	2114	2212	2312	
Basildon Bus Station	dep.	1818	1858	1948	2015	2114	2212	2312	
Vange, Bardfield	1823	1903	1953	2020	2119	2217	2317	
Pitsea Broadway	1801	1828	1836	1908	1906	1958	2024	2123	2221	2321
South Benfleet, Tarrots Corner	1805	1820	1840	1850	1910	1925	2002	2127	2225	2325
Canvey Village, King Canute	1859	1934
Canvey, Haystack Corner	1904	1939
Canvey, Link Road, Silver Jubilee	1908	1943
Canvey Village, King Canute	1913	1948
Thundersley, Kenneth Road	1809	1824	1844	1854	1914	1928	2005	2130	2228	2328
Hadleigh, Church	1813	1828	1848	1858	1918	1932	2009	2134	2232	2332
Leigh, Elms	1820	1835	1855	1905	1925	1939	2016	2141	2239	2339
Chalkwell Park, Southborne Grove	1823	1838	1858	1908	1928	1942	2019	2144	2242	2342
Westcliff, Plough	1826	1841	1901	1911	1931	1946	2022	2146	2244	2344
SOUTHEND, Central Bus Station	1834	1849	1909	1919	1939	1954	2029	2152	2250	2350

Saturdays

SOUTHEND, Central Bus Station	0612	0706	0800	0900	0930		00	30	1430	1500	1600	1700						
Westcliff, Plough	0619	0713	0808	0909	0939		09	39	1439	1509	1609	1709						
Chalkwell, Southborne Grove	0621	0715	0811	0913	0943		13	43	1443	1513	1613	1713						
Leigh, Elms	0624	0718	0814	0917	0947		17	47	1447	1517	1617	1717						
Hadleigh, Church	0631	0725	0822	0927	0957		27	57	1457	1527	1627	1727						
Thundersley, Kenneth Road	0635	0729	0827	0932	1002		32	02	1502	1532	1632	1732						
South Benfleet, Tarpots Corner	0638	0732	0831	0936	1006		36	06	1506	1536	1636	1736						
Pitsea Broadway	0642	0712	0736	0810	0836	0906	0941	1011	41	11	1511	1541	1641	1741				
Vange, Bardfield	0647	0717	0741	0815	0841	0911	0947	1017	47	17	1517	1547	1647	1747				
Basildon Bus Station	0652	0722	0746	0820	0846	0916	0953	1023	53	23	1523	1553	1653	1753				
Basildon Bus Station	arr.								00	30	1530	1600	1700	1800				
Basildon Bus Station	dep.								04	34	1534	1604	1704	1804				
Vange, Five Bells	0541	0626	0656	0726	0754	0824	0854	0924	1004	1034	Then							
Homesteads, Mackley Drive	0546	0631	0701	0731	0759	0829	0859	0929	1009	1039	at	09	39	1539	1609	1709	1809	
Stanford le Hope, First Avenue	0548	0633	0703	0733	0801	0831	0901	0931	1011	1041	these	11	41	1541	1611	1711	1811	
Stanford le Hope, Rookery Corner	0551	0636	0706	0736	0804	0834	0904	0934	1014	1044	minutes	14	44	until	1544	1614	1714	1814
Sockett's Heath, The Oak	0559	0644	0714	0744	0812	0842	0912	0942	1022	1052	past	22	52	1552	1622	1722	1822	
LAKESIDE, Bus Station (Stop 11)	0819	0849	0919	0949	1029	1059	each	29	59	1559	1629	1729	1829		
Uplands Estate, Watts Crescent	0609	0654	0724	0754	0824	0854	0924	0954	1034	1104	hour	34	04	1604	1634	1734	1834	
Dagenham, Chequers Corner	0622	0709	0739	0809	0839	0909	0939	1009	1049	1119		49	19	1619	1649	1749	1849	
Warner Village	0624	0711	0741	0811	0841	0911	0941	1011	1051	1121		51	21	1621	1651	1751	1851	
East Ham, Manor Way, North Circular Rd.	0631	0718	0748	0818	0848	0918	0948	1018	1058	1128		58	28	1628	1658	1758	1858	
Canning Town, Newham Way	0636	0723	0753	0823	0853	0923	0953	1023	1103	1133		03	33	1633	1703	1803	1903	
Poplar, All Saints DLR Station	0639	0726	0756	0826	0856	0926	0956	1026	1106	1136		06	36	1636	1706	1806	1906	
Limehouse Station	0645	0732	0802	0832	0902	0932	1002	1032	1112	1142		12	42	1642	1712	1812	1912	
Aldgate, Bus Station	0649	0736	0806	0836	0906	0936	1006	1036	1116	1146		16	46	1646	1716	1816	1916	
Tower Hill, Tower of London	0654	0741	0811	0841	0911	0941	1011	1041	1121	1151		21	51	1651	1721	1821	1921	
Embankment Underground Station	0702	0749	0819	0849	0919	0949	1019	1049	1129	1159		29	59	1659	1729	1829	1929	
Trafalgar Square, Northumberland Avenue	0704	0751	0821	0851	0921	0951	1021	1051	1131	1201		31	01	1701	1731	1831	1931	
VICTORIA, Green Line Coach Station	0712	0759	0829	0859	0929	0959	1029	1059	1139	1209		39	09	1709	1739	1839	1939	

SOUTHEND - LONDON (Victoria)**Saturdays (cont.)**

SOUTHEND, Central Bus Station	1800	2300
Westcliff, Plough	1809	2307
Chalkwell, Southborne Grove	1813	2309
Leigh, Elms	1817	2312
Hadleigh, Church	1827	2319
Thundersley, Kenneth Road	1832	2323
South Benfleet, Tarpots Corner	1836	2326
Pitsea Broadway	1841	2330
Vange, Bardfield	1847	2335
Basildon Bus Station	arr.	1853
Basildon Bus Station	dep.	1900
Vange, Five Bells	1904
Homesteads, Mackley Drive	1909
Stanford le Hope, First Avenue	1911
Stanford le Hope, Rookery Corner	1914
Sockett's Heath, The Oak	1922
LAKESIDE, Bus Station (Stop 11)	1929
Upplands Estate, Watts Crescent	1934
Dagenham, Chequers Corner	1949
Warner Village	1951
East Ham, Manor Way, North Circular Rd.	1958
Canning Town, Newham Way	2003
Poplar, All Saints DLR Station	2006
Limehouse Station	2012
Aldgate, Bus Station	2016
Tower Hill, Tower of London	2021
Embankment Underground Station	2029
Trafalgar Square, Northumberland Avenue	2031
VICTORIA, Green Line Coach Station	2039

LONDON (Victoria) - SOUTHEND

Saturdays

VICTORIA, Green Line Coach Station	0730	0830	0925	0955	25	55	1555	1625	1655	1730	1800	1830	1940	2040	2140	
Embankment Underground Station	0745	0845	0940	1010	40	10	1610	1640	1710	1745	1815	1845	1952	2050	2150	
Tower Hill, Tower of London	0753	0853	0948	1018	48	18	1618	1648	1718	1753	1823	1853	2000	2058	2158	
Aldgate, Bus Station	0800	0900	0955	1025	55	25	1625	1655	1725	1800	1830	1900	2006	2104	2204	
Limehouse Station	0807	0907	1003	1033	03	33	1633	1703	1733	1807	1837	1907	2012	2110	2210	
Poplar, All Saints DLR Station	0811	0911	1009	1039	09	39	1639	1709	1739	1811	1841	1911	2016	2114	2214	
Canning Town, Newham Way	0813	0913	1012	1042	12	42	1642	1712	1742	1813	1843	1913	2018	2116	2216	
East Ham, Manor Way, North Circular Rd.	0818	0918	1018	1048	18	48	1648	1718	1748	1818	1848	1918	2023	2121	2221	
Warner Village	0825	0925	1028	1058	28	58	1658	1728	1758	1825	1855	1925	2030	2128	2228	
Dagenham, Chequers Corner	0827	0927	1030	1100	30	00	1700	1730	1800	1827	1857	1927	2031	2129	2229	
Uplands Estate, Watts Crescent	0842	0942	1047	1117 Then	47	17	1717	1747	1817	1842	1912	1942	2042	2140	2240	
LAKESIDE, Bus Station (Stop 11)	0847	0947	1052	1122 at	52	22	1722	1752	1822	1847	1917	1947	2047	2145	2245	
Sockett's Heath, The Oak	0854	0954	1059	1129 these	59	29	1729	1759	1829	1854	1924	1954	2052	2150	2250	
Stanford le Hope, Rookery Corner	0902	1002	1107	1137 minutes	07	37	until	1737	1807	1837	1902	1932	2002	2100	2158	2258
Homesteads, Mackley Drive	0907	1007	1112	1142 past	12	42		1742	1812	1842	1907	1937	2007	2105	2203	2303
Vange, Five Bells	0912	1012	1117	1147 each	17	47	1747	1817	1847	1912	1942	2012	2110	2208	2308	
Basildon Bus Station	0916	1016	1121	1151 hour	21	51	1751	1821	1851	1916	1946	2016	2114	2212	2312	
Basildon Bus Station	arr.	0916	1016	1121	23	53	1753	1853	1948	2114	2212	2312	
Basildon Bus Station	dep.	0918	1018	1123	1153											
Vange, Bardfield	0923	1023	1128	1158	28	58	1758	1858	1953	2119	2217	2317	
Pitsea Broadway	0928	1028	1133	1203	33	03	1803	1903	1958	2123	2221	2321	
South Benfleet, Tarpots Corner	0932	1032	1137	1207	37	07	1807	1907	2002	2127	2225	2325	
Thundersley, Kenneth Road	0936	1036	1141	1211	41	11	1811	1911	2006	2130	2228	2328	
Hadleigh, Church	0940	1040	1145	1215	45	15	1815	1915	2010	2134	2232	2332	
Leigh, Elms	0947	1047	1152	1222	52	22	1822	1922	2017	2141	2239	2339	
Chalkwell Park, Southborne Grove	0950	1050	1155	1225	55	25	1825	1925	2020	2144	2242	2342	
Westcliff, Plough	0953	1053	1158	1228	58	28	1828	1928	2023	2146	2244	2344	
SOUTHEND, Central Bus Station	1001	1101	1206	1236	06	36	1836	1936	2031	2152	2250	2350	

Sundays

	723	722	721	721	721	721	721
SOUTHEND, Central Bus Station	0636	0746	0900	1100	1300	1500	1700
Westcliff, Plough	0642	0752	0909	1109	1309	1509	1709
Chalkwell, Southborne Grove	0644	0754	0913	1113	1313	1513	1713
Leigh, Elms	0647	0757	0917	1117	1317	1517	1717
Hadleigh, Church	0654	0804	0927	1127	1327	1527	1727
Thundersley, Kenneth Road	0658	0808	0932	1132	1332	1532	1732
South Benfleet, Tarpots Corner	0701	0811	0936	1136	1336	1536	1736
Pitsea Broadway	0706	0815	0941	1141	1341	1541	1741
Vange, Bardfield	0712	0947	1147	1347	1547	1747
Basildon Bus Station	arr.	0718	0953	1153	1353	1553
Basildon Bus Station	dep.	0725	1000	1200	1400	1600
Vange, Five Bells	0729	0819	1004	1204	1404	1604	1804
Homesteads, Mackley Drive	0734	0824	1009	1209	1409	1609	1809
Stanford le Hope, First Avenue	0736	0826	1011	1211	1411	1611	1811
Stanford le Hope, Rookery Corner	0739	0829	1014	1214	1414	1614	1814
Sockett's Heath, The Oak	0748	0837	1022	1222	1422	1622	1822
LAKESIDE, Bus Station (Stop 11)	1029	1229	1429	1629	1829
Uplands Estate, Watts Crescent	0845	1034	1234	1434	1634	1834
Dagenham, Chequers Corner	1049	1249	1449	1649	1849
Warner Village	0810	0900	1051	1251	1451	1651	1851
East Ham, Manor Way, North Circular Rd.	1058	1258	1458	1658	1858
Canning Town, Newham Way	1103	1303	1503	1703	1903
Poplar, All Saints DLR Station	1106	1306	1506	1706	1906
Limehouse Station	0829	0919	1110	1310	1510	1710	1910
Aldgate, Bus Station	0836	0925	1116	1316	1516	1716	1916
Tower Hill, Tower of London	0930	1121	1321	1521	1721	1921
Embankment Underground Station	0939	1129	1329	1529	1729	1929
Trafalgar Square, Northumberland Avenue	0941	1131	1331	1531	1731	1931
VICTORIA, Green Line Coach Station	0949	1139	1339	1539	1739	1939

Sundays

VICTORIA, Green Line Coach Station	1055	1255	1455	1655	1855	2040	
Embankment Underground Station	1110	1310	1510	1710	1910	2050	
Tower Hill, Tower of London	1118	1318	1518	1718	1918	2058	
Aldgate, Bus Station	0925	1125	1325	1525	1725	1925	2104	
Limehouse Station	0933	1133	1333	1533	1733	1933	2110	
Poplar, All Saints DLR Station	0939	1139	1339	1539	1739	1939	2114	
Canning Town, Newham Way	0942	1142	1342	1542	1742	1942	2116	
East Ham, Manor Way, North Circular Rd.	0948	1148	1348	1548	1748	1948	2121	
Warner Village	0958	1158	1358	1558	1758	1958	2128	
Dagenham, Chequers Corner	1000	1200	1400	1600	1800	1959	2129	
Uplands Estate, Watts Crescent	1017	1217	1417	1617	1817	2010	2140	
LAKESIDE, Bus Station (Stop 11)	1022	1222	1422	1622	1822	2015	2145	
Sockett's Heath, The Oak	1029	1229	1429	1629	1829	2020	2150	
Stanford le Hope, Rookery Corner	1037	1237	1437	1637	1837	2028	2158	
Standford le Hope, First Avenue	1039	1239	1439	1639	1839	2030	2200	
Homesteads, Mackley Drive	1042	1242	1442	1642	1842	2033	2203	
Vange, Five Bells	1046	1246	1446	1646	1846	2037	2207	
Basildon Bus Station	arr.	1051	1251	1451	1651	1851	2042	2212
Basildon Bus Station	dep.	1053	1253	1453	1653	1853	2042	2212
Vange, Bardfield	1058	1258	1458	1658	1858	2047	2217	
Pitsea Broadway	1103	1303	1503	1703	1903	2051	2221	
South Benfleet, Tarpots Corner	1107	1307	1507	1707	1907	2056	2225	
Thundersley, Kenneth Road	1111	1311	1511	1711	1911	2058	2228	
Hadleigh, Church	1115	1315	1515	1715	1915	2102	2232	
Leigh, Elms	1122	1322	1522	1722	1922	2109	2237	
Chalkwell Park, Southborne Grove	1125	1325	1525	1725	1925	2112	2242	
Westcliff, Plough	1128	1328	1528	1728	1928	2114	2244	
SOUTHEND, Central Bus Station	1136	1336	1536	1736	1936	2120	2250	